

\* **Honors**

- 1983 Elected, Fellow of the American College of Sports Medicine (FACSM)
- 1985-1987 President, American Heart Association, San Mateo County Chapter
- 1987 Elected, Board of Directors, American Association of Cardiovascular & Pulmonary Rehabilitation. Elected Fellow of the AACVPR
- 1988 Elected to the Board of Directors, American College of Sports Medicine. Member, Administrative Council 1988
- 1988 Member Editorial Board, Medicine and Science in Sports and Exercise
- 1988 Elected Fellow, American Heart Association Council on Arteriosclerosis
- 1993 Journal of Cardiovascular Risk - *Editorial Board Member*
- 1993 Associate Fellow of the American College of Cardiology
- 1994 Honorary Board Member, Sequoia Hospital Foundation
- 1995 Fellow of the American College of Cardiology
- 1997 Preventive Cardiology - *Editorial Board Member*
- 2000 *Board Member*, American Society for Atherosclerosis Imaging
- 2003 American Heart Association – California Chapter, Doc Hopkins Annual Award for New Insights
- 2004 Meredith Morgan Memorial Award. Award to honor Dr. Morgan who was one of the founding fathers of the UC Berkeley School of Optometry.
- 2006 Montague Boyd Award for “Best Research Article-2006”
- 2011 Physician Laureate Award, Larry King Cardiac Foundation
- 2011 2011 Puppies Award for most publications as first and last author – Nichols Institute

\* **Scientific Medical Journal Reviewer**

1. American Heart Journal
2. American Journal of Cardiovascular Disease – *Senior Editorial Board*
3. American Journal of Clinical Nutrition
4. American Journal of Cardiology
5. American Journal of Medicine
6. American Journal of Preventive medicine
7. Arteriosclerosis
8. Atherosclerosis
9. Cardiovascular Drugs and Therapy
10. Chest
11. Circulation
12. Clinical Cardiology
13. Clinical Chemistry
14. Coronary Artery Disease
15. European Heart Journal
16. European Journal of Clinical Investigation

17. Experimental and Clinical Endocrinology & Diabetes
18. Journal of Applied Physiology
19. Journal of the American Medical Association
20. Journal of the American College of Cardiology - Interventions
21. Journal of Cardiovascular Risk - *Editorial Board Member*
22. Journal of Clinical Investigation
23. Journal of Heart Disease - *Editorial Board Member*
24. Journal of Lipid Research
25. Lipids and Atherogenesis - *Editorial Board Member*
26. Metabolism
27. Medicine and Science in Sports and Exercise - *Past Editorial Board Member*
28. Obstetrics and Gynecology
29. Physician and Sports Medicine
30. Preventive Cardiovascular Medicine - *Editorial Board Member 1998-2001*
31. Preventive Cardiology - *Editorial Board Member*

## Recent Articles and Publications

### Books:

1. **Superko H. Robert.** Before The Heart Attacks. 2003 Rodale Press, New York. ISBN 1-57954-800-8121. Sninsky J, Rowland CM, Baca A, Caulfield M, **Superko HR.** Classification of LDL phenotypes by four methods of determining lipoprotein particle size. J Investig Med. 2013 Jul 8 [Epub ahead of print]

### Recent Medical Journal Publications:

**Superko HR,** Superko SM, Nasir K, Agatston A, Garrett BC. Omega-3 Fatty Acid Blood Levels: Clinical significance and Controversy. Circulation 2013;128:2154-2161

Wu A, **Superko HR.** The pharmacogenomics of warfarin from the COAG and EU-PACT: where do we go from here? Personalized Medicine 2014; DOI:10.2217/PME.14.4

**Superko, HR,** Superko AR, Lundberg GP, Margolis B, Garrett BC, Nasir K, Agatston AS. Omega-3 fatty acid blood levels clinical significance update. Curr Cardiovasc Risk Rev 2014;8:407-415.

Mora S, Caulfield MP, Wohlgemuth J, Chen Z, **Superko HR,** Glynn RJ, Ridker PM, Krauss RM. Lipoprotein subclasses by ion mobility analysis and first cardiovascular events before and after high-intensity statin therapy: The JUPITER Trial. Pending 2014.

Patel J, **Superko HR**, Martin SS, Blumenthal RS, Christopher-Stine L. Genetic and Immunologic susceptibility to statin-related myopathy. *Atherosclerosis*. 2015 Mar 21;240(1):260-271.

Fernando Bril, MD<sup>1,2</sup>; John J. Sninsky, PhD<sup>3</sup>; Michael P. Caulfield PhD<sup>3</sup>, Arthur M. Baca, MD, PhD<sup>3</sup>; **Robert H. Superko**, PhD<sup>3</sup>; Paola Portillo Sanchez, MD<sup>1,2</sup>; Maryann Maximos, DO<sup>2,4</sup>; Diane Biernacki, RN<sup>1,2</sup>; Romina Lomonaco, MD<sup>1,2</sup>; Srilaxmi Kalavalapalli<sup>1</sup>, Beverly Orsak, RN<sup>5</sup>; Sreevidya Subbarayan, MD<sup>1,2</sup>; Amitabh Suman, MD<sup>2,6</sup>; Kenneth Cusi, MD<sup>1,2,5</sup>. Hepatic Steatosis and Insulin Resistance, but not the Severity of Steatohepatitis, Determine the Severity of Atherogenic Dyslipidemia in NAFLD Review Pending 2015

**Superko HR**. Non-Traditional markers of cardiovascular disease risk can improve the 2013 ACC/AA prevention guidelines: Insights from the MESA investigation. *Circulation* 2015; 132:904-906. Published online July 29, 2015.

## Recent Scientific Presentations

Mora S, Caulfield M, Wohlgemuth J, Chen Z, Superko HR, Glynn RJ, Ridker PM, Krauss RM. Lipoprotein subclasses by ion mobility and first cardiovascular events: Analysis of 11,227 participants from the JUPITER trial. ATVB 2014 abstract

Ryan G, Momary KM, Smiley DD, Caulfield MP, Jia H, **Superko HR**. Analysis of Lipoprotein Subclasses and Apolipoprotein Levels of African-American Males with Type 2 Diabetes. *Journal of Clinical Lipidology* 2014;8:299

Superko HR, Garrett B, Momary K, King S III, Nasir K, Agatston A. Coronary Calcium in Professional Firefighters linked to Thrombosis risk. SCCT Scientific Meeting 2014.

Bril F, Sninsky J, Baca A, Superko HR, Sanchez PP et al. Atherogenic dyslipidemia in the setting of insulin resistance contributes to cardiovascular risk in patients with nonalcoholic fatty liver disease. American Association for Study of Liver Disease (AASLD) Annual Scientific Sessions November 09, 2014.

Superko HR, Lundberg G, Larsen J, Margolis B, Molina C, Chronos N, Wong M, Momary K. Fish Oil Omega-3 Blood Level Measurement Affects Patient Management. NLA Scientific Sessions June 2015

Superko HR, Lundberg G, Larsen J, Margolis B, Molina C, Chronos N, Wong M. Fish Oil Omega-3 Blood Level Measurement Affects Patient Management. NLA Scientific Sessions June 2015

Superko HR, Hisham Shams, Michael Caulfield, Julia A. Larsen. Omega-3 fatty acid differences in a Saudi Arabia population compared to a US population and cardiovascular risk. NLA Scientific Sessions June 2015